

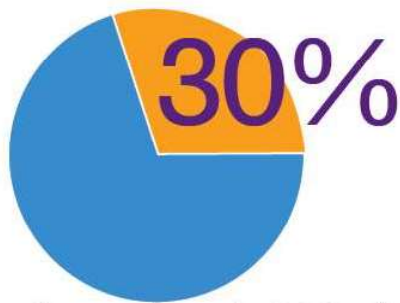
GASTROESOPHAGEAL REFLUX DISEASE - GERD

# Get smart about GERD

THE MORE YOU KNOW THE HIGHER YOUR GERD QUOTIENT



Many sufferers are unaware of the dangers of chronic GERD.



Approximately 30% of GERD patients still have symptoms despite taking proton pump inhibitors (PPIs).

CHRONIC GERD CAN LEAD TO

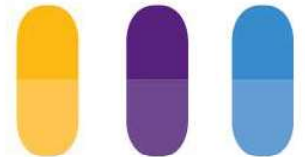
**BARRETT'S ESOPHAGUS**  
**10-15%**

IN 10-15% OF GERD PATIENTS\*

Barrett's Esophagus is a precancerous condition.



PPIs, when taken long-term have been shown to have significant **SIDE EFFECTS** and may interfere with other medications.



## SILENT REFLUX

GERD isn't always just heartburn or what is called "acid reflux", some other symptoms that could be caused by GERD are:

**SLEEP APNEA**  
**CHRONIC COUGH**  
**HOARSENESS**  
**ASTHMA**

GERD can be caused by a weak muscle between the stomach and the esophagus called the Lower Esophageal Sphincter (LES).

**LES** ▶▶▶

**RF** ▶▶ ▶▶▶ **RF**

The LES can be treated with low temperature radiofrequency (RF) energy called Stretta Therapy to improve function and reduce GERD symptoms.

**stretta**<sup>®</sup>

\*Source [www.asge.org](http://www.asge.org)